

Fwd: Hauora Taiwhenua Newsletter January 2023

From: Michelle Te Kira | PMAANZ Chair chair@pmaanzt.org.nz

To: Carole Unkovich | PMAANZ Admin admin@pmaanzt.org.nz

Date: Mon, 30 Jan 2023, 1:37 PM

Michelle Te Kira
Chair PMAANZ

From: Hauora Taiwhenua Rural Health Network <communications@htrhn.org.nz>

Sent: Friday, January 27, 2023 4:57 PM

To: Michelle Te Kira | PMAANZ Chair <chair@pmaanzt.org.nz>

Subject: Hauora Taiwhenua Newsletter January 2023



**Hauora
Taiwhenua**
Rural Health
Network

**NEWSLETTER JANUARY
2023**



TAKIRI KO TE ATA

Tākiri ko te ata e
Ki runga o Te Pae Maunga
Hei tohu i te ara e
Tēnā ka hora mai
He tohu na Rangi e
E puritia Papatūānuku
Hei ara ngā nui
Hei ara tangata nei e

Let the first light of dawn
Settle upon the mountain ranges yonder
To reveal the world
Extended beyond me
It is the glowing face of Rangi
Embracing Papatūānuku
To awaken life
To awaken mankind

Welcome from Grant Davidson, Chief Executive



Kia ora tatou

A big warm welcome to 2023 from all the staff and board at Hauora Taiwhenua. I hope all of you had a chance to spend some time with family and friends relaxing and doing things that helped to restore your sense of wellbeing over the festive period.

A new year brings the opportunity to leave behind 'baggage' and look to start things with a new approach and sense of optimism. As a sector we have come through an amazingly stressful year with the pressures of COVID, understaffing, parity issues, and failures in capitation funding to name a few. Sorry to remind you of these things when I want to focus on looking forward!

Change is certainly in the air. Jacinda Ardern has just resigned as Prime Minister and handed the reins over to Chris Hipkins. As I write this there is no indication of what his cabinet reshuffle will mean in terms of the health portfolios; and we also have no idea about what his stated concentration on the 'bread and butter' issues facing New Zealand will mean for spending on health.

What we do know is that before the election in October, the Government will want to see movement and impact of the health reforms. We will be working closely with Te Whatu Ora and Te Aka Whai Ora to implement as much positive change as we can for rural health under those reforms.

Our first major piece of work will be to provide input and feedback into the two planning documents coming from the government agencies that will dictate the upcoming work programmes for rural health. The first of these is an 18-month rural health plan that will outline the set of actions agencies will carry out, and fund, to implement Te Pae Tata – the interim health plan. The second is the development of the first ever Rural Health Strategy. A requirement under the Pae Ora Healthy Futures legislation. Getting both of these documents as 'right as possible' will help secure a better future for rural health.

For this reason we are inviting members to attend our strategic planning workshop, **Planning the Future of Rural Health | He Waka Eke Noa** (A workshop to co-

design a positive pathway for rural health and wellbeing) on March 28th in Wellington. We thank Valentia Technologies (NZ) Limited for their sponsorship of this event. This workshop gives interested HTRHN Members the opportunity to discuss the two planning documents, highlighted above, directly with the people tasked with writing them. We will also use the knowledge, skills and passion of those present to build the first ever Hauora Taiwhenua Rural Health Strategy, which will become our manifesto as we enter an election year.

I look forward to seeing as many of you as possible at the workshop in March. I hope to get out to various parts of rural New Zealand during the year again and will see many more of you in person in your own workplaces. I hope we can share a cup of tea, your concerns and your hopes for a better rural future. I believe we are in a strong position to make a positive difference in the year ahead.

Enjoy the sun, the longer days and the opportunity to use evenings and mornings to get outside.

Mā te wā
Grant

Dr Grant Davidson

Chief Executive |Tumu Whakarae
Hauora Taiwhenua Rural Health Network

Welcome from Fiona Bolden, Chair



Welcome to 2023!

For those of us who worked through “the holidays” 2023 snuck in and we find ourselves well into it already. I hope that many of you managed a bit of time to enjoy yourself and recharge.

This will be a vital year for rural health and indeed the entire health system as we move forward with the health reforms. Beginning with working out what the reforms will mean for the delivery of care on the ground, how this might impact us, our

teams and our communities as well as trying to address the wider national challenges around inequities in health for rural people, especially rural Māori.

We are in a unique position this year of being able to contribute to the first ever Rural Health Plan for Aotearoa New Zealand. This health plan will be particularly important as we will be able to hold Manatū Hauora (the Ministry of Health) to account for it through the Pae Ora Legislation which Hauora Taiwhenua lobbied hard on to ensure that “rural” was included as one of the core groups. Instead of a rural health conference this year we are inviting those that wish to attend to come to a day of discussion and planning around this in March. If you are unable to come you may still contribute via your Chapter representatives. We will get back to regular Rural Health conferences on an annual basis in 2024 building upon the March workshops.

We are having the inaugural HTRHN AGM for election of the board members at the end of January. Under the Incorporated Societies Act we need to hold our AGM within six months after the end of the financial year (30 June) and we look forward to establishing the members of the Board at this exciting time. There will be no change to the council representatives at this time as they were chosen at our Rural Conference in September 2022.

2023 is the Year of the Rabbit, which is meant to bring prosperity, hope and calm. I know these are things that we could all do with in abundance as we tackle the ongoing issues of pay parity, work force pressure and general longstanding underfunding. We will see some “calm” as we are coming out of a pandemic and moving into a business-as-usual approach with COVID 19. The “hope” surely must be that the health reforms will give rural healthcare the boost that it needs to prevent ongoing fragmentation and disintegration of services in rural areas and instead take us to a future where it is not only thriving but sustainable. I look forward to working with you all to accomplish this and again thank you for your commitment to rural healthcare.

Ngā mihi nui,
Fiona

Dr Fiona Bolden

Chair | Haemana

Hauora Taiwhenua Rural Health Network

Welcome from Jeremy Webber, Clinical Director



The summer's weather turbulence brought mixed blessings for some of our rural communities – rain driving some holiday makers home and taking pressure off local health services and enough sunshine to give our leisure time the reset we all need for 2023.

Already we are seeing change in political seats and no doubt that will continue through levels of Te Whatu Ora and Te Aka Whai Ora. This presents an opportunity for us to embed our rural health strategy into refreshed policy. My work in the early actions group continues with specific focus on integrating rural into health pathways and enabling increased diagnostic services in rural.

Credentialling of rural hospitals is a key component of rural service delivery. The Rural Hospital Chapter of HTRHN is looking for members who would be interested in being involved in this process. This is great way to reflect on your own service and share learnings across the sector. Please get in touch with me (jeremy.webber@htrhn.org.nz), Kathy de Luc or Margareth Broodkorn as chapter representatives.

Similarly, we are wanting to share learning – a community funded health centre in central Hawkes Bay is needing a rebuild of their facility and are keen to speak with anyone who has gone through this process recently.

Clinically for me I am taking a break from my rural hospital role in Taupō and will take a fresh look at clinical opportunities after the summer.

Finally, congratulations again to Professor Nixon for his recognition in being promoted to full Professor at University of Otago.

Please reach out to our team at HTRHN for your ongoing advocacy, concerns or need for a shared cup of tea.

Noho ora mai,
Jeremy

Jeremy Webber

Clinical Director Rural Health | Kaiwhakahaere Matua Hauora Taiwhenua
Hauora Taiwhenua Rural Health Network



Planning the Future of Rural Health | He waka eke noa

A workshop to co-design a positive pathway for rural health and wellbeing

I am pleased to inform you of the Hauora Taiwhenua Rural Health Network (HTRHN)

Planning the Future of Rural Health | He Waka Eke Noa strategic workshop
which welcomes all members to attend on **28 March 2023**.

This is an exciting opportunity to come together with your rural health peers to help co-design and debate the priorities we need to focus on in the next few years to really impact on the wellbeing of rural communities.

As many of you will be aware, we were successful in getting Rural Communities recognised as a priority population in the new health legislation – Pae Ora (Healthy Futures). This puts a requirement on the Ministry to develop the first ever Rural Health Strategy that the Government and its agencies will be held to account against.

A representative from Manatū Hauora (Ministry of Health) will provide a briefing on their early thinking on the Rural Health Strategy. This will be a chance for you to discuss key points, ask questions, and provide feedback. The briefing provides us with the unique opportunity to develop our own 3-year strategic plan for Hauora Taiwhenua as a cross-sector group of rural health experts. There will be opportunities to meet in both small and large groups to discuss issues facing rural health.

The workshop will open with a karakia at 9:15am and conclude at 4:30pm. There will be a short AGM of NZRGPN to call for the wind-up of this organisation and celebrate the end of 30 years of passion and effort that has got us to where Hauora Taiwhenua is positioned to help the rural health section develop into the future. This will be followed by social drinks and nibbles.

Date: Tuesday 28th March 2023

Time: 9:15am - 4:30pm

Venue: Rydges Wellington Conference Centre

Cost: \$100 +gst

We recognise that for some members, travel may be difficult and therefore, we will also have Zoom capabilities for the day. More on this in upcoming notifications.

We would love to have you with us to help set our direction for the future and celebrate the wins that we have already accomplished. The strength of Hauora Taiwhenua sits in our diverse membership and your on-the-ground experience. I strongly urge you to attend if you can, and share your perspectives with us, as we lay the foundations for future years' work.

This event is kindly supported by Valentia Technologies (NZ) Limited.

Ka pū te rūhā ka hao te rangatahi

When the old net is cast aside, the new net goes fishing.



Strengthen the Network's submission on the proposed Women's Health Strategy

Kia ora tatou,

Manatū Hauora (Ministry of Health) are developing a Women's Health Strategy, which sits under the Pae Ora (Healthy Futures) Act. We are now preparing a submission to provide a rural health perspective on the strategic priorities for women's health and wellbeing.

To inform our submission, which will represent our nine Chapters, we are asking for your perspective on women's health and wellbeing in a rural context:

- what contributes to women's health and wellbeing
- women's health and wellbeing needs
- patterns and trends in the health and wellbeing of women
- the health system's performance for women
- priorities for system change
- supporting the health workforce to meet the health and wellbeing needs of women.

To share your feedback, please email Marie.Daly@HTRHN.org.nz by:

17 February 2023.

Ngā mihi nui,

Marie Daly

GM Advocacy | Kaiwhakahaere Matua Tautoko



National Conference 2024

SAVE THE DATE – National Rural Health Conference 4 -7 April 2024

Be sure to make a note in your diary that our next National Rural Health Conference will be held at **Tākina: Wellington Convention and Exhibition Centre, 4 -7 April 2024**. It's a great way for you to keep up to date with what's happening in the Rural Health space, meet old friends, make new connections and share in the celebrations of your successes.

If you have any questions about the 2024 conference, please don't hesitate to contact:

Linda Reynolds

Conference Manager

Hauora Taiwhenua Rural Health Network.



Rural Health Careers

Rural Health Careers Promotion Programme

Rural Health Careers take to the road once again in 2023

We are so thrilled to be able to tour rural schools and kura of Aotearoa New Zealand with our Rural Health Careers Promotion Programme.

Underpinning our efforts to grow the rural health workforce and address the rural health workforce crisis, the programme promotes rural health careers, encourages rural rangatahi to consider a career in health and supports graduating tertiary students to work in rural locations.

Elizabeth van den Berg, from Otamatea High School stated...

"I found their presentation very polished and informative. The way they seamlessly took turns in presenting made it lively and interesting. I especially enjoyed their introductions with the fun facts about themselves. The activities engaged all our students, and I enjoyed watching your students comfortably interacting, teaching and demonstrating. With such health professionals entering their careers I think we, as potential patients, will be very well served. This visit is a highlight in our careers programme and we would be delighted to host you again."

More detail on our 2023 rural school trips and noho marae visits will be publicised in the coming months.

For information on the Rural Health Careers Promotion Programme, how to get involved or if you would like the programme to come to your area please contact:

Samantha Hill

Rural Health Careers Coordinator

Email: Samantha.hill@htrhn.org.nz

Phone: 022 374 7706



NZLocums

HTRHN NZLocums Orientation

Getting the best introduction to New Zealand's health system

Held monthly in our Wellington Office, and virtually, our orientation course is the first step into the New Zealand health system for international doctors.

We welcomed five general practitioners to our January orientation. All of them have travelled from different corners of the globe, with two coming from the Netherlands, one from Norway, the United States of America, and Canada. These GPs will be working across the country located in Kerikeri, Renwick, Whitianga, Alexandra, and Upper Hutt.

Our three-day course introduced them to New Zealand's health system, while also covering ACC, Work and Income, Pharmac, MedTech 32 training and sessions on Māori history and health.

Orientation is also a great networking opportunity for newly arrived international doctors to meet and share experiences.

Held monthly our next orientation is **13-15 February 2023**, contact us now to book your spot.

NZLocums' Orientation course is tailor-made for internationally trained GPs and Practice Nurses. The course is endorsed by the Royal New Zealand College of GPs for up to 17.5 credits CME. Contact information,

email: orientation@nzlocums.com or visit <https://htrhn.org.nz/recruitment/orientation/>



**Hauora
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Rural Health
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**NZLocums
& NZMedJobs**



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