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PMAANZ

March 2020

OPERATION TRANSITION

A Word from the Chair

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Tēnā koutou katou

Welcome everyone to a new year, with many challenges and some bright moments to keep us on our toes and our minds active.

Firstly, I want thank our technologist and his contract as through this crisis many sufferers have relying on his weather events namely Cyclone Gabrielle, I personally had intensive damage sustained to my home and property, I want to thank him for his time and effort in providing valuable lessons regarding emergency response, having to survive, cope and help others and crisis staff unable to work as we too is evaluating of our emergency contingency plans.

We will be at an entry level national website with our contact details and information on how to be involved which we are hoping to have in place by the end of March.

So.... PMAANZ - Bring on 2020 - positive stress only!! Check out our Mission statement.

Offer the best like-challenging years our organisation is now looking forward to targeting and implementing our mission statement. Our organisation is now ready to take on the challenge of being the best we can be, providing our members with the support they need to be the best they can be.

This year PMAANZ has already started the planning for our annual Conference, held at Te Papa in Christchurch for the first time in years on the 1st, 2nd & 3rd September.

The everyday committee, along with conference innovators, have been on the learning curve. Nelson is October 2020 and our committee are working with the program structure and Marlene is now in Nelson to assist with the planning. Our Nelson committee are also working on their conference collaborative partners.

We are very lucky to endorse Professional Conference Partners who are our conference coordinator this year and will be working with our branch committees and members to make our conference the best it can be and ensure it is a profitable and successful conference.

We are currently working on our sponsorship package for 2020 and would like to thank our long-time sponsorship & the backbone of our conference and we are keen to have from you again this year. Our sponsorship package will be available on our website, PMAANZ.org.nz, together with our exclusive new conference concept, our hashtags, email ideas at conferencehashtagsnz.org.nz. To all our PMAANZ members and supporters, take up our hashtags and use them in your communications, they are fun and will be a great reminder of our conference. We look forward to seeing you all there.

This year, PMAANZ's organisational goals will be focused on continuing to grow our membership, ensure our members are kept up to date with the latest PMAANZ news, offer regular reports and timely information to all our people and to continue to provide positive, relevant, and professional support to our members.

PMAANZ is currently looking for expression of interest/offers in the health sector and the PMAANZ Central Board will respond on a national level on behalf of the branches.

Education is important to us and our recommendation with NZ Professionals has been our members can access to a high or specifically design courses for People Managers and Supervisors. Our Professional Development Partner, Professional Conference Partners, provide relationship services for presenters/ workshop leaders to grow in their role, as well as Conference Partners who are working with our branch committees to ensure our members have the best conference experience. If you would like any more information, or have questions, please contact Nicole at chair@pmaanz.org.nz.

Our new PMAANZ members are Sir Peter Blake Trust Nelson, a charitable trust assisted by experienced Karen Green to run Executive committees this year who will training after our conference to take over the running of their Nelson Executive committee. Karen is also a member of our Nelson Executive committee and is a great asset to our members, we absolutely appreciate the skill she brings to both a lofty state of passion and skill combined to drive towards a better, healthier future for our Nelson members.

On a personal note, my holiday in Nelson for 2 weeks was the "summer from hell" compared to other their gaining COVID impacting as soon as we landed and then in the last week influenza and a bad case of pneumonia, I was hospitalised for 5 days, I am now on the mend but I am very exercise managed to get outside in fresh air twice a day to do so. It is important to have some fresh air and exercise to aid recovery.

Lovely Hospital nursing care, all I remembered of Nelson!! ☹ Sorry kids.

Ngā mihi nui,
Nicole Te Ivera | PMAANZ Executive Nelson Chair

Welcome to our newest members

The Executive would like to warmly welcome the following new PMAANZ members. We look forward to meeting in person, and hear from you regularly both with your membership and in meetings.

Hopefully we have an interest anyone but welcome to all our new members!

- Jo Bennett - Otago
- Ian Bennett - Otago
- Linda Clearsky - Auckland
- Ruth Dunlop - Auckland
- Mitch Judd - Otago
- Lucia Kong - Waitemata Hauri - Auckland
- Ruth Lee - Auckland
- Rangiwai Marsh - Auckland
- Ruth Mc Donald - Auckland
- Kylie Morton - Otago
- Ruth Pearce - Auckland
- Rhian Tofa - Canterbury
- Jeanie Cheer - Auckland

The Royal New Zealand College of General Practitioners
Te Whare Tohu Rata o Aotearoa

COVID-19 and the changes to general practice, February 2020

It's now three years since the advent of COVID-19 and we can look back on how it has affected general practice while planning to see what changes are likely to come.

This content is an update on a College document written shortly after the new normal which was published in February 2020.

We can now look back and see what happened in a variety of factors including:

- Vulnerable patients
- Practice activities
- Practice staff
- Practice finances
- Practice premises
- Practice models
- Practice technology
- Practice quality improvement
- Practice education
- Practice research
- Practice leadership
- Practice governance
- Practice relationships
- Practice resilience
- Practice sustainability
- Practice workforce
- Practice planning
- Practice evaluation
- Practice learning
- Practice teaching

GPNZ Panui Newsletter

GenPro Newsletter

These are regularly uploaded to the members news page - **click here**.

Netflix, Apple TV and Neon Recommendations from our PMAANZ Membership

TVNZ+ On Demand
Love/Hate – 5 seasons is brilliant!!!

Darren Treacy returns to Dublin in order to lead a peaceful life, away from the world of crime and drugs. However, his brother's sudden death forces hi to be a part of the mafia and seek revenge.

Neon
The Last of Us

Tasked with escorting a teenager across a post-apocalyptic world, a dreaded smuggler joins hands with a young apprentice to fulfil the mission unscathed.

Neon
The Righteous Gem Stones

Created, written and executive produced by Danny McBride (HBO's Vice Principals and Eastbound & Down), and marking his third HBO comedy series from Rough House Pictures, The Righteous Gemstones tells the story of a world-famous televangelist family with a long tradition of defiance, greed and charitable work.

Books recommended by PMAANZ Members

Review by Amazon:

Diana O'Toole is perfectly on track. She will be married by thirty, done having kids by thirty-five, and move out to the New York City suburbs, all while climbing the professional ladder in the cutthroat art auction world. She's an associate specialist at Sotheby's now, but her boss has hinted at a promotion if she can close a deal with a high-profile client. She's not engaged just yet, but she knows her boyfriend, Finn, a surgical resident, is about to propose on their romantic getaway to the Galápagos—days before her thirtieth birthday. Right on time.

But then a virus that felt worlds away has appeared in the city, and on the eve of their departure, Finn breaks the news: It's all hands on deck at the hospital. He has to stay behind. *You should still go,* he assures her, since it would be a shame for all of their nonrefundable trip to go to waste. And so, reluctantly, she goes.

Almost immediately, Diana's dream vacation goes awry. Her luggage is lost, the Wi-Fi is nearly nonexistent, and the hotel they'd booked is shut down due to the pandemic. In fact, the whole island is now under quarantine, and she is stranded until the borders reopen. Completely isolated, she must venture beyond her comfort zone. Slowly, she carves out a connection with a local family when a teenager with a secret opens up to Diana, despite her father's suspicion of outsiders.

In the Galápagos Islands, where Darwin's theory of evolution by natural selection was formed, Diana finds herself examining her relationships, her choices, and herself—and wondering if when she goes home, she too will have evolved into someone completely different.

Goodreads review:
Prickly, wry, resistant to change yet ruthlessly honest and deeply empathetic, Olive Kitteridge is "a compelling life force" (*San Francisco Chronicle*). *The New Yorker* has said that Elizabeth Strout "animates the ordinary with an astonishing force," and she has never done so more clearly than in these pages, where the iconic Olive struggles to understand not only herself and her own life but the lives of those around her in the town of Crosby, Maine. Whether with a teenager coming to terms with the loss of her father, a young woman about to give birth during a hilariously inopportune moment, a nurse who confesses a secret high school crush, or a lawyer who struggles with an inheritance she does not want to accept, the unforgettable Olive will continue to startle us, to move us, and to inspire us—in Strout's words—"to bear the burden of the mystery with as much grace as we can."

Podcasts

If time is tight, what's the one thing that you should be doing to improve your health and wellbeing? Michael Mosley reveals surprisingly simple top tips that are scientifically proven to change your life.

Download here

Uncover is a true crime series from CBC Podcasts. Each season brings you deep into a new investigation, with a host deeply connected.

Download here

HAVE YOUR SAY.....

Questions for your Colleagues & Letters to the Editor

Your contribution is welcomed – please get in touch with **secretary@pmaanz.org.nz**

PMAANZ
PRACTICE MANAGERS & ADMINISTRATORS ASSOCIATION OF NEW ZEALAND

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